

# Goodberry

*1st-Level Transmutation*

**Casting Time:** 1 action

**Range:** Touch

**Components:** V, S, M a sprig of mistletoe

**Duration:** Instantaneous

Up to ten berries appear in your hand and are infused with magic for the duration. A creature can use its action to eat one berry. Eating a berry restores 1 hit point, and the berry provides enough nourishment to sustain a creature for one day.

The berries lose their potency if they have not been consumed within 24 hours of the casting of this spell.

**Spell Lists:** Druid, Ranger

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